



Food is Medicine South Carolina

PURPOSE

The purpose of convening Food is Medicine South Carolina (FiMSC) is to improve the coordination among organizations working to advance healthy food access within health care settings and to identify and facilitate the adoption of state-level food is medicine policy and system changes.

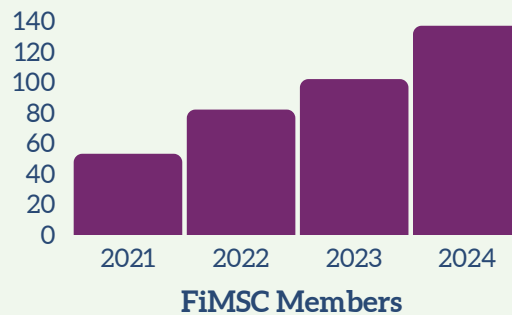
2024 ACCOMPLISHMENTS

- Became an independent committee, launched a website, and updated the charter to reflect new changes.
- Developed the first membership directory to facilitate networking and information sharing, with a plan to update it on a yearly basis.
- Convened 178 participants for our annual in-person meeting on November 12, 2024.
- In partnership with Openfields, Furman University, and the SC Department of Social Services, the FiMSC Map subcommittee developed the SC Food Insecurity Risk Map to combat hunger and improve health.
- The FiMSC Nutrition for Health Professionals subcommittee developed informational resources for health providers on receiving continuing medical education credits related to FiM and lifestyle medicine.
- An ad hoc advocacy workgroup was convened to bring together policy and advocacy champions around the state to begin creating a policy platform.
- Members presented on FiM work at state and local meetings, conferences, and convenings, as well as participated in learning opportunities through conferences and/or associations.



MEMBERS

We are a multi-sector collaboration of representatives from government, nonprofit organizations, food system advocates, research and higher education, free clinics, federally qualified health centers, health systems, and nutrition education organizations.



WORKGROUPS

<p>Food Insecurity Screenings & Referrals <u>Danielle Decker</u> & <u>Zack King</u> Meets every month on the third Monday from 12-1pm</p>	<p>Food is Medicine Map <u>Autumn Reid</u> & <u>Sabrina Smith</u> Meets every month on the third Wednesday from 2-3pm</p>
<p>Nutrition Education for Health Professionals <u>Lauren Barbosa</u> & <u>KC Head</u> Beginning in January, meets every other month on the second Wednesday from 12-1pm</p>	<p>Produce Prescription Community of Practice <u>Zack King</u> Meets every month on the third Friday from 12-1pm</p>

The ad hoc advocacy workgroup will convene again in 2025. Contact Zack King if you are interested in joining and learning the meeting times.

LOOKING AHEAD TO 2025



We will meet quarterly as a full committee
Virtually, from 12:00-1:30 PM

March 4
 June 3
 September 2
 December 2

We will shift our annual in-person meetings to the spring,
 therefore our annual in-person meeting will not take place in 2025.

GOALS

- Develop clear leadership and structural decisions for FiMSC as it continues to grow.
- Promote the launch of the SC Food Insecurity Risk Map through webinars, office hours, and additional formats.
- Establish and launch the SC FiM Technical Assistance Collaborative (FiMTAC), led by the University of SC. FiMTAC will convene healthcare, food-based, and state-level organizations alongside patients and local partners to develop and execute a coordinated training and technical assistance effort to scale and support FiM interventions across SC.
- The FiMSC Nutrition Education for Health Professionals subcommittee will develop a plan for presenting resources across SC, disseminate a flyer on continuing medical education resources, and further educational needs/opportunities for FiMSC members as well as for health care professionals across the state.
- Strengthen the capacity of the advocacy workgroup to develop an organizational lead and clear core state-level policy priorities.
- Establish a Teaching Kitchen Community of Practice.

Our Team



Lauren Barbosa

Nutrition Education
for Health
Professionals

barbosal1224@gmail.com



Danielle Decker

Food Insecurity
Screenings and
Referrals

jddecker@lcfbank.org



Carrie Draper

Research &
Evaluation

draper@mailbox.sc.edu



Kathleen Head, MD

Nutrition Education for
Health Professionals

headkat@musc.edu



Zack King

Produce Prescription
Community of Practice
Food Insecurity
Screenings and
Referrals

zack@dellareconsulting.com



Autumn Reid

Food is Medicine
Map

areid@lcfbank.org



Sabrina Smith

Food is Medicine Map

ssmith@livewellgreenville.org



Amy Weaver

Food is Medicine SC
Convener

teixeira@mailbox.sc.edu